

Peer Support 1

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Course Objectives

- Extensive training to prepare for a helping role on campus
 - PS students also work to identify student needs and develop activities to address them
- Peer Support students develop the qualities of a good peer helper: being **self-aware, non-judgemental, genuine, and empathetic.**
- They learn **active listening skills** and ways to facilitate peers through their own problem-solving.
 - **They do not give “advice”** to other students.
 - They are expected to maintain strict **confidentiality** unless a student may be at risk of harm

Course Overview

1. Self-Awareness
2. Helping Skills
3. Projects
 - a. One-to-one student support
 - b. Classroom presentations to 7-8 students
 - c. Outreach to new 9-12 students
 - d. Student and staff discussion groups

Grading

Peer Support 1:

- Journals
 - Rubric based on content reflection, personal reflection, completion of required components, writing quality
- Class assignments
 - Example: Define your culture under Hidalgo's three levels of culture
- Homework (very limited)
 - Example: class discussion on Google Classroom on the Heinz Dilemma
- Role-play exercises

Contact Information

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Google Classroom

Questions?